
Licensing Inspection Report (Annual Inspection)

Facility: HEART OF THE VALLEY LONG TERM CARE CENTRE LIMITED

Address: 89 NORTH ST.
MIDDLETON NS, B0S 1P0

Date(s) of Inspection: March 10-11, 2021

Requirements resulting from licensing inspection:

1. LTCPR 8.4.10
The licensee shall ensure if bars of soap and other personal care items are used in resident rooms, they are designated for the use of one resident and are not shared.
2. LTCPR 6.5.2.a
The licensee shall ensure the following processes are developed and followed: identification and communication of residents' food allergies, preferences, therapeutic diets, food textures, supplements and food contraindications.
3. LTCPR 12.2.2.2.c
The licensee shall ensure aesthetic, functional and surface integrity of the following are maintained: interior building components such as, but not limited to, partitions, ceilings, doors, casework, coatings and sealants.
4. LTCPR 12.1.6
The licensee shall ensure hazardous products that may be harmful to residents are secured at all times and are not accessible to residents. They are stored and disposed of in accordance with established safety practices/manufacturers' recommendations.
5. LTCPR 8.5.4
The licensee shall ensure medications are accounted for, administered and documented in accordance with federal and provincial legislation and professional practice standards.
6. LTCPR 6.3.4.b
The licensee shall ensure each resident has a plan of care which is reviewed by staff on a quarterly basis, or more frequently as required, and is updated to reflect the resident's changing needs and interventions.

- 7.** LTCPR 6.1.5a
Additional Requirements for Nursing Homes - The licensee shall ensure residents have an interdisciplinary assessment of risk, functional abilities, cognition, nutrition, oral health (see section 6.6), pain and discomfort, falls risk, and recreation, initiated upon admission to the home and completed within two weeks.
- 8.** LTCPR 6.5.19
Additional Requirements for Nursing Homes - The licensee shall ensure menus are reviewed, approved and dated by a registered dietitian at least twice per year.
- 9.** LTCPR 9.2.4.c, LTCPR 9.2.4.e
The licensee shall ensure fire protection systems are tested and inspected annually, or more frequently as required by the Office of the Fire Marshal. Records of testing and inspections of fire protection equipment and systems are maintained.
- 10.** HSCR 24(1)
The records of all residents of a home for special care must be kept in a safe and secure location and must be accessible at all times to the supervisory staff of the home and to inspectors.