
Licensing Inspection Report (Annual Inspection)

Facility: HEART OF THE VALLEY LONG TERM CARE
CENTRE LIMITED

Address: 89 NORTH ST.
MIDDLETON NS, B0S 1P0

Date(s) of Inspection: March 11, 2026

Requirements resulting from licensing inspection:

1. HSCR 27(4), LTCPR 9.2.1.b
The licensee shall ensure the All Hazards Plan is exercised a minimum of once every three years. More frequent exercises shall be completed as required to ensure all staff members are knowledgeable. The Business Continuity Plan identified below may be incorporated as part of this exercise.
2. LTCPR 6.1.7
Additional Requirements for Nursing Homes - The licensee shall ensure residents have a lift and transfer assessment completed within 24 hours of admission to the home, and on an ongoing basis in accordance with the residents' individual needs.
3. LTCPR 12.1.6
The licensee shall ensure hazardous products that may be harmful to residents are secured at all times and are not accessible to residents. They are stored and disposed of in accordance with established safety practices/manufacturers' recommendations.
4. LTCPR 8.5.4
The licensee shall ensure medications are accounted for, administered and documented in accordance with federal and provincial legislation and professional practice standards.
5. LTCPR 6.1.5.b
Additional Requirements for Nursing Homes - The licensee shall ensure routine InterRAI LTCF Assessments are completed quarterly.
6. LTCPR 6.1.9
Additional Requirements for Nursing Homes - Additional interdisciplinary assessments (including but not limited to Physiotherapy, Dietitian and Recreation) should be completed within two weeks following admission to the home, and on an ongoing basis in accordance with the residents' individual needs.

- 7.** LTCPR 11.1.8
The licensee shall ensure formalized performance management processes that evaluate staff members' performance annually, and more frequently as necessary, are in place.
- 8.** LTCPR 12.2.2.2.c
The licensee shall ensure aesthetic, functional and surface integrity of the following are maintained: interior building components such as, but not limited to, partitions, ceilings, doors, casework, coatings and sealants.
- 9.** LTCPR 11.1.6
The licensee shall ensure the home provides a documented, timely orientation for all staff members, volunteers and contracted personnel. The orientation provides the necessary information to support residents in a safe manner and improve their quality of life.
- 10.** LTCPR 12.1.8
The licensee shall ensure cleaning and disinfectant products and other chemicals used in environmental cleaning are not used after their expiration date.